

**Sent:** April 24, 2019 5:10 PM  
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**Subject:** CAPT April 2019 E-newsletter

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Congratulations to our latest new CPT Members!

**New Certified Play Therapists**  
Joni Stryde - AB

## 2019 Continuing Education

Registration for any of the training now!

[Click here for all the details](#)

6 Contact Hours per day

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**2019 Foundation Play Therapy Training**  
**July 8th to August 16th, 2019 in Toronto**  
[Click here for all details](#)

6 Contact Hours per day



**THE  
BRITISH COLUMBIA  
PLAY THERAPY ASSOCIATION**

**THE NEUROBIOLOGY OF HEALING  
THROUGH PLAY THERAPY:  
NURTURING HEARTS WITH BRAINS IN MIND (12 CEUS)  
BONNIE BADENOCH, PHD, LMFT**

Ever wonder how to create a rich play environment that supports development of embodied brains?

Would you like to deepen your understanding of the brains and minds of your clients and yourself, enriching your capacity to collaborate with the brain's natural healing processes?

Do you want to learn the concept of interpersonal neurobiology?

Would you like to learn about the embodied brain - including belly and heart, the importance of implicit memory, the workings of the autonomic nervous system, mirror neurons and resonance circuitry to gain a sense of their value for play therapy?

## WORKSHOP AND ANNUAL GENERAL MEETING

May 24, 2019 - May 25, 2019  
9:00 am - 4:30 pm  
UBC ROBSON SQUARE, Vancouver BC

The AGM will take place over the lunch hour on Saturday, May 25th  
Everyone welcome.

[Click here for all information and registration](#)

# SickKids®

Centre for  
Community  
Mental Health

Leading the way in mental health  
training and education

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LEARNING INSTITUTE

presents

### **Creative Techniques for Family Play Therapy**

with Liana Lowenstein, MSW., RSW., CPT-S.

**May 24, 2019 at SickKids CCMH Learning Institute, 114 Maitland Street,  
Toronto, ON M4Y 1E1**

**Description:** The use of creative techniques in family play therapy provides a medium for all members to participate, and promotes positive family interaction. This workshop will outline innovative techniques to engage, assess, and treat families. Interventions to strengthen parenting skills will also be described and demonstrated.

**Learning Objectives:**

- Describe the rationale for using play-based techniques in family therapy.
- Implement a variety of creative play therapy interventions.

- Identify the areas to observe when assessing families.
- Utilize play therapy techniques for assessing families.
- Implement strategies to strengthen parenting skills.
- Describe the key ingredients for an effective termination and integrate play therapy techniques into ending sessions with families.

For more information, or to register [click here](#).

# SickKids®

## Centre for Community Mental Health

Leading the way in mental health  
training and education

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### LEARNING INSTITUTE

presents

**Trauma-Focused Cognitive-Behavioral Therapy: *Blending Theory with Innovative Play Therapy Techniques*** with Liana Lowenstein, MSW., RSW., CPT-S.

**June 6 & 7, 2019 at SickKids CCMH Learning Institute, 114 Maitland Street, Toronto, ON M4Y 1E1**

**Description:** Trauma-Focused Cognitive-Behavioral Therapy (TF-CBT) is an empirically-supported psychotherapy model for treating traumatized children and adolescents. The effectiveness of this approach is enhanced by integrating creative, developmentally appropriate interventions so that children will engage in treatment. This two-day workshop will provide an overview of TF-CBT and will present creative play therapy interventions for the 8 components of TF-CBT: Psychoeducation, Relaxation, affective modulation, cognitive processing, trauma narrative, in vivo mastery, conjoint child- parent sessions, and enhancing safety. Therapeutic games, art, stories, and other innovative activities will be presented for use with traumatized children aged 4-16. Strategies for working with hard-to-engage children and parents will also be outlined.

Through case examples, activity demonstrations, experiential exercises, and videos of actual client sessions, this workshop will combine theoretical material with hands-on therapeutic interventions. Workshop participants will come away with a solid understanding of TF-CBT, and many new and innovative play therapy techniques for treating traumatized children and adolescents.

**Learning Objectives:**

- Identify and apply the basic principles of TF-CBT.
- Implement creative play therapy interventions for each of the eight treatment components of TF-CBT.
- Explain to clients the therapeutic benefits of completing a trauma narrative.
- Implement strategies for engaging resistant children in the completion of a trauma narrative.
- Utilize TF-CBT in play therapy sessions to treat a range of childhood traumas including sexual abuse, domestic violence, traumatic grief, car accidents, natural disasters.
- Implement strategies for conducting play therapy sessions with children and their parents.

For more information, or to register [click here](#).

Happy Playing!

Sincerely,



Elizabeth A. Sharpe CAE  
Executive Director  
CAPT

STAY CONNECTED:



Canadian Association for Play Therapy, P.O. Box 24010, Guelph, Ontario N1E  
6V8 Canada

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