

New

Prescriptive Play Therapy

Tailoring Interventions for Specific Childhood Problems

Edited by **Heidi Gerard Kaduson, PhD, Donna Cangelosi, PsyD,**
and **Charles E. Schaefer, PhD**

“Each chapter beautifully highlights the application of prescriptive play therapy... Readers will appreciate the discussion of the therapeutic powers of play that are core to all theoretical orientations.”

—Renee Turner, PhD, LPC-S, RPT/S

“Prevailing manualized therapies often fail to address the needs of the individual—but this book demonstrates ways to address individuality while being integrative and multimodal.”

—Edward F. Hudspeth, PhD, NCC, LPC-S, ACS, RPT-S, RPh

From leaders in the field, this volume provides a flexible roadmap for assessment, case formulation, and intervention for frequently encountered psychological disorders and adversities. The focus is creating a unique therapy “prescription” that is tailored to the child’s presenting problems as well as his or her strengths, challenges, and developmental level. Contributors present up-to-date knowledge on each clinical problem, describe practices that have been shown to be effective, and share vivid illustrations of work with 3- to 16-year-olds and their parents.

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Contributor Details: www.guilford.com/p/kaduson2

Short-Term Play Therapy for Children, THIRD EDITION

Edited by **Heidi Gerard Kaduson, PhD, RPT-S** and **Charles E. Schaefer, PhD, RPT-S**

“The third edition addresses additional topics of growing interest to clinicians, such as animal-assisted play therapy. This volume is stimulating reading for all professionals working with children, adolescents, and families, as well as students and faculty in child therapy.”

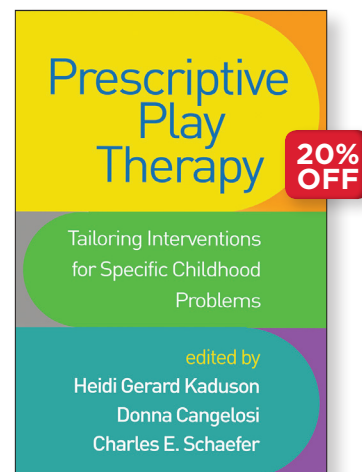
—Louise F. Guerney, PhD

Illustrated with rich case examples, this widely used practitioner resource and text presents a range of play approaches that facilitate healing in a shorter time frame. Leading play therapists from diverse theoretical orientations show how to tailor brief interventions to each child’s needs.

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ABOUT THE EDITORS



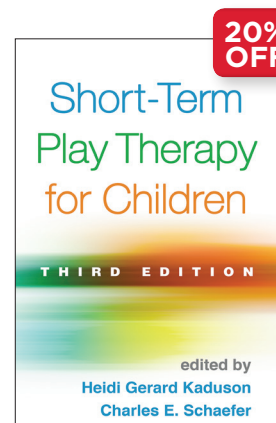
Heidi Gerard Kaduson, PhD, RPT-S, is Director of The Play Therapy Training Institute in Monroe Township, New Jersey.



Donna Cangelosi, PsyD, RPT-S, maintains a private practice with children, adolescents, and adults in Wayne, New Jersey.



Charles E. Schaefer, PhD, RPT-S, is Professor Emeritus of Clinical Psychology at Fairleigh Dickinson University.

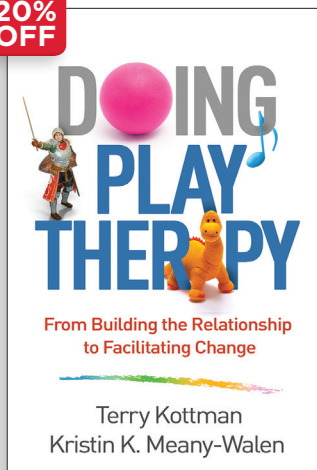


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ABOUT THE AUTHORS



Terry Kottman, PhD, NCC, RPT-S, LMHC, founded The Encouragement Zone, in Cedar Falls, Iowa, where she provides play therapy training and supervision, life coaching, counseling, and "playshops" for women.



Kristin K. Meany-Walen, PhD, LMHC, RPT-S is Assistant Professor of Counseling at the University of North Texas. Dr. Meany-Walen regularly publishes and

presents on play therapy with children and adolescents.

Doing Play Therapy
From Building the Relationship to Facilitating Change
 Terry Kottman, PhD and Kristin K. Meany-Walen, PhD

Covering the process of therapy from beginning to end, this engaging text helps students and practitioners use play confidently and effectively with children, adolescents, and adults struggling with emotional or behavioral problems or life challenges. With an accessible theory-to-practice focus, the book explains the basics of different play therapy approaches and invites readers to reflect on and develop their own clinical style. It is filled with rich case material and specific examples of play techniques and strategies. The expert authors provide steps for building strong relationships with clients; exploring their clinical issues and underlying dynamics; developing and working toward clear treatment goals; and collaborating with parents and teachers.

CRITICAL ACCLAIM

"Provides beginning, intermediate, and seasoned play therapists alike with a unique opportunity to consider various play therapy theories through the use of thoughtful questions. Kottman and Meany-Walen do not just connect with readers as authors, they also connect with them as teachers."

—American Journal of Play

"The book will give play therapy students a solid grasp of practice and will help seasoned professionals sharpen their skills and deepen their understanding. I plan to use this text both personally and in my classes."

—Jeffrey S. Ashby, PhD, ABPP, RPT-S

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Play Therapy
A Comprehensive Guide to Theory and Practice

Edited by David A. Crenshaw, PhD, ABPP, RPT-S and Anne L. Stewart, PhD, RPT
 Foreword by Stuart Brown, MD

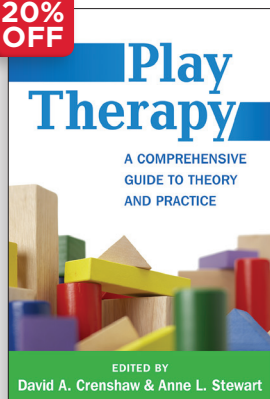
"The ultimate resource for students, as well as experienced practitioners. Taken in its entirety, the book goes further than any other work I know of in defining the breadth and scope of play therapy and its contribution to growth, development, education, and healing in children."

—Richard L. Gaskill, EdD, LCP, RPT-S

This authoritative work explains major theoretical frameworks and summarizes the contemporary play therapy research base, including compelling findings from neuroscience. Contributors present effective strategies for treating children struggling with such problems as trauma, maltreatment, attachment difficulties, bullying, rage, grief, and autism spectrum disorder.

2016, 7" x 10" Paperback (© 2014), 556 Pages, ISBN 978-1-4625-2644-4, \$39.00, **SALE PRICE: \$31.20**

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New

Using Music in Child and Adolescent Psychotherapy

Laura E. Beer, PhD

Jacqueline C. Birnbaum, MEd, MA

“An indispensable resource that gives the reader practical advice regarding room setup, instrument choices, and sources for recordings, and illustrates simple yet powerful ways that music can facilitate the therapeutic process.”
—Carol Ann Blank, PhD, LCAT, LPC, MT-BC

“Beer and Birnbaum provide a new understanding of how music can be integrated into psychotherapy. Drawing on theory, scientific literature, and clinical observations, the authors describe the profound and convincing impact of music on clinical trajectories.” —Stephen W. Porges, PhD

“Well-informed summaries of the academic literature, engaging clinical vignettes, and many straightforward recommendations for practice will benefit therapists who want to bring music into their work with children.”
—Stephen Malloch, PhD

There is growing evidence for the powerful role that music plays in enhancing children’s cognitive, social, and emotional development. Written for a broad audience of mental health professionals, this is the first book to provide easy ways of integrating music into clinical work with children and adolescents. Rich case vignettes show how to use singing, drumming, listening to music, and many other strategies to connect with hard-to-reach children, promote self-regulation, and create opportunities for change. The book offers detailed guidelines for addressing different clinical challenges, including attachment difficulties, trauma, and behavioral, emotional, and communication problems. Each chapter concludes with concrete recommendations for practice; an appendix presents a photographic inventory of recommended instruments.

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|--|---|
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Music Therapy Handbook

Edited by **Barbara L. Wheeler, PhD, MT-BC**

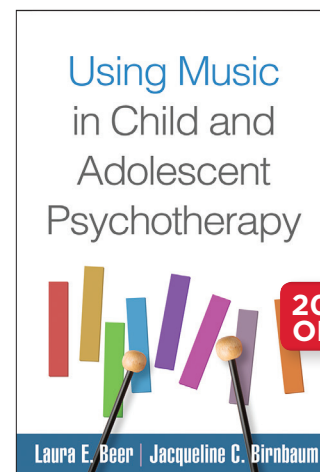
“Will become one of the foundational texts in music therapy training.” —*Journal of Music Therapy*

“Lends itself well to use by students and professional music therapists, as well as non-music therapists with whom clinicians and researchers collaborate.”
—*Music and Medicine*

Rich with case material, this groundbreaking volume reviews psychodynamic, humanistic, cognitive-behavioral, and developmental foundations and describes major techniques, including the Nordoff–Robbins model and the Bonny Method of Guided Imagery and Music. An expansive section on clinical applications examines music therapy with children and adults, as well as its recognized role in medical settings. Topics include autism spectrum disorder, school interventions, brain injury, and trauma. The companion website features audio downloads illustrative of the Nordoff–Robbins model.

Includes Audio Downloads

2016, 7" x 10" Paperback (© 2015), 507 Pages, ISBN 978-1-4625-2972-8, \$46.00, **SALE PRICE: \$36.80**



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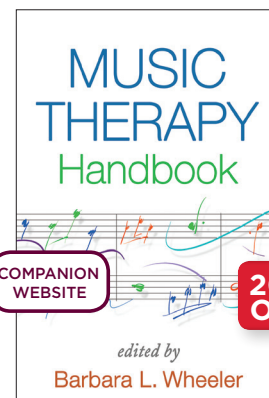
ABOUT THE AUTHORS



Laura E. Beer, PhD, MT-BC, is a board-certified music therapist and Associate Professor and Director of the Music Therapy Program at Maryville University.



Jacqueline C. Birnbaum, MEd, MA, MT-BC, LCAT, is an early childhood educator, board-certified music therapist, and licensed creative arts therapist.



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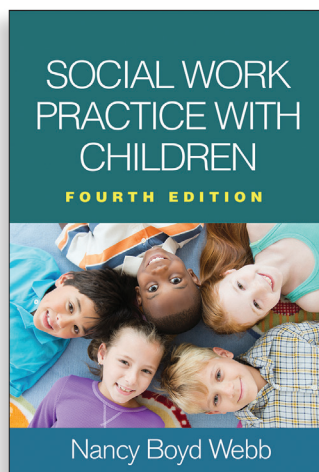
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Nancy Boyd Webb, DSW, LICSW, RPT-S, Fordham University (Emerita)
Foreword by **Luis H. Zayas, PhD**

“Will clearly help in educating students at the undergraduate and graduate levels and preparing them for the challenges that they will face.”

—Anthony N. Maluccio, DSW, in *Child and Family Social Work*

“This book will inspire creative therapists of all disciplines to practice in a way informed by contemporary social, cultural, economic, and political transformations. The fourth edition highlights clinical tools and formats for addressing modern issues affecting children....Creative therapists need not only to hone their clinical skills, but also to deliver care thoughtfully and effectively in the multiple contexts of a child’s life, including the home, school, and community. Nancy Boyd Webb guides practitioners to do just that.”

—Sarah C. Patton, PsyD

A leading course text and practitioner resource for over 20 years, this text demonstrates research-based strategies for working with victims of maltreatment and trauma as well as children affected by poverty, parental substance abuse, bullying, and other adversities. Vivid case examples illustrate the “whys” and “how-tos” of play and family therapy, group work, and school-based interventions. Student-friendly features include thought-provoking discussion questions and role-play exercises. Reproducible assessment forms can be downloaded and printed in a convenient 8 1/2" x 11" size.

NEW TO THIS EDITION: ✓ Chapter on working with immigrant and refugee children. ✓ Coverage of additional evidence-based practices for intervening with kids. ✓ Discussion of therapist self-care. ✓ Coverage of working with gender-nonconforming children. ✓ Updated for DSM-5, and features up-to-date research on brain development, trauma, and more.

Play Therapy with Children and Adolescents in Crisis FOURTH EDITION

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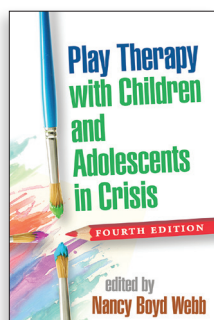
Edited by **Nancy Boyd Webb, DSW, LICSW, RPT-S**

Foreword by **Lenore C. Terr, MD**

“Offers a variety of effective therapeutic interventions in a format suitable for new and seasoned clinicians alike. This is a useful text for a class focusing on child or youth trauma in social work, psychology, or counseling.”

—Julie Anne Laser-Maira, MSW, LCSW, PhD

This widely used practitioner resource and course text is considered the most comprehensive guide to working with children who have experienced major losses, family upheavals, violence in the school or community, and other traumatic events. Leading experts present a range of play and creative arts therapy techniques in chapters organized around in-depth case examples.



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Child-Centered Play Therapy

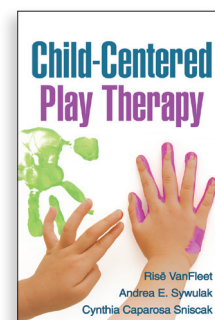
Risë VanFleet, PhD, RPT-S
Andrea E. Sywulak, PhD, RPT-S
Cynthia Caparosa Sniscak, MPsSc, LPC, RPT-S

Foreword by **Louise F. Guerney, PhD**

“A comprehensive introduction into the world of child-centered play therapy, its efficacy, and application....Appropriate for the novice play therapist. It offers a plethora of insight for the experienced play therapist as well, and is an easy and enjoyable read.”

—*Play Therapy Magazine*

Highly practical, instructive, and authoritative, this book vividly describes how to conduct child-centered play therapy. The authors are master clinicians who explain core therapeutic principles and techniques, using rich case material to illustrate treatment of a wide range of difficulties. Flexible yet systematic guidelines are provided for setting up a playroom; structuring sessions; understanding and responding empathically to children’s play themes, including how to handle challenging behaviors; and collaborating effectively with parents.



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Play-Based Interventions for Childhood Anxieties, Fears, and Phobias

Edited by **Athena A. Drewes, PsyD**
Charles E. Schaefer, PhD

“Wonderfully informative....A valuable resource, with expert authors and clear, practical, and well-researched strategies for dealing with childhood anxieties....It will serve as a strong resource for client conceptualization, treatment planning, family consultation, and goal setting.”

—*American Journal of Play*

“As a play therapy supervisor and trainer, I recommend this book as a go-to manual to expand therapists’ understanding of how anxiety manifests in children and what play-based interventions are most helpful.”

—**Susan M. Carter, PhD**

Illustrating the power of play for helping children overcome a wide variety of worries, fears, and phobias, this book provides a toolkit of play therapy approaches and techniques. Leading practitioners describe their approaches step by step and share vivid illustrative case material. Each chapter also summarizes the research base for the interventions discussed. Key topics include adapting therapy to each child’s developmental level, engaging reluctant or less communicative clients, and involving parents in treatment.

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- II. Specific Anxiety Disorders**
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- 14. Helping Sexually Abused Children Overcome Anxiety

Appendix: Helpful Bibliotherapy Books

Contributor Details: www.guilford.com/p/drewes

Essential Play Therapy Techniques

Time-Tested Approaches

Charles E. Schaefer, PhD, RPT-S
Donna Cangelosi, PsyD, RPT-S

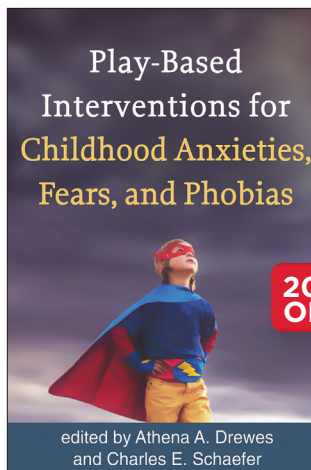
Features 58
Play Therapy
Techniques!

“Schaefer and Cangelosi’s streamlined organization, clarity of writing, attention to a variety of client populations, and creativity offers a fresh new look and makes this a must-buy resource for play therapy students and practitioners alike.”

—*American Journal of Play*

Highly practical and user friendly, this book presents 58 play therapy techniques that belong in every child clinician’s toolbox. The expert authors draw from multiple theoretical orientations to showcase powerful, well-established approaches applicable to a broad range of childhood problems.

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ABOUT THE EDITORS



Athena A. Drewes, PsyD, RPT-S, is a licensed child psychologist, certified school psychologist, and registered play therapist and supervisor.



Charles E. Schaefer, PhD, RPT-S, is Professor Emeritus of Clinical Psychology at Fairleigh Dickinson University.



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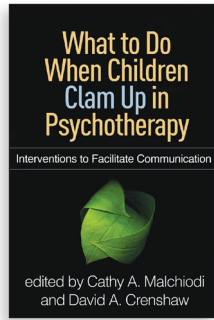
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What to Do When Children Clam Up in Psychotherapy
Interventions to Facilitate Communication

Edited by **Cathy A. Malchiodi, PhD, ATR-BC, LPAT, LPCC, REAT**
David A. Crenshaw, PhD, ABPP, RPT-S



In the **Creative Arts and Play Therapy Series**

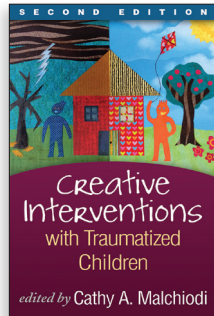
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“Each chapter concludes with a list of best practices to guide the therapist through implementing the recommended approaches. Clinical educators and supervisors will find this book to be a valuable text to introduce trainees and supervisees to the principles and processes of child psychotherapy.”

—*American Journal of Play*

Creative Interventions with Traumatized Children
SECOND EDITION

Edited by **Cathy A. Malchiodi, PhD**
Foreword by **Bruce D. Perry, MD, PhD**



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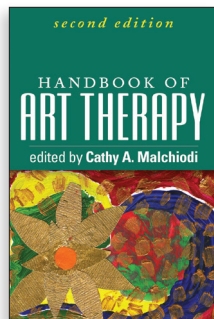
“Malchiodi has assembled a group of experts to present the beautifully written and illustrated second edition of this important volume. The book includes creative interventions and updated discussions of practice issues, research, and multicultural applications.”

—*Sue C. Bratton, PhD*

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Handbook of Art Therapy
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Edited by **Cathy A. Malchiodi, PhD**



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“A welcome addition to the art therapy literature....A useful reference and a readable, interesting book.”

—*Psychiatric Services*

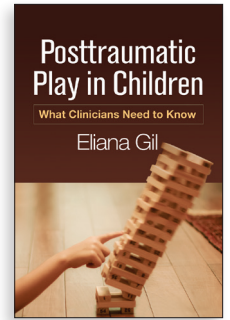
“Malchiodi and other luminaries in the field generously share their research findings, practical expertise, and clinical wisdom. This volume is a valuable addition to any art therapist’s library.... I highly recommend it.”

—*Lennis G. Echterling, PhD*

Posttraumatic Play in Children
What Clinicians Need to Know
Eliana Gil, PhD

“Gil is a celebrated author and clinician....This book is highly recommended for therapists of all orientations working with children who have experienced trauma and a valuable resource for graduate-level trainees and experienced therapists looking for innovative ways to conceptualize posttraumatic play.”

—*PsycCRITIQUES*



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Play in Family Therapy
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Eliana Gil, PhD
Foreword by **Matthew D. Selekman, MSW, LCSW**

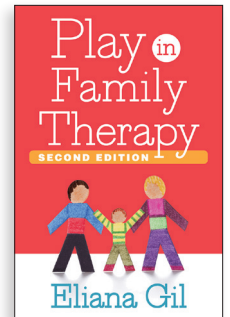
“This second edition is the culmination of Eliana Gil’s career spent working in the trenches....Indispensable.”

—*Monica McGoldrick, LCSW, PhD (h.c.)*

“Case examples are alive and instructive.”

—*Families in Society*

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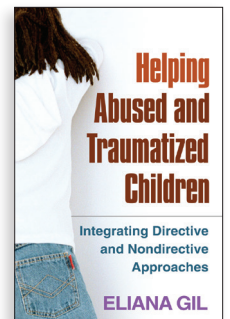
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Helping Abused and Traumatized Children
Integrating Directive and Nondirective Approaches
Eliana Gil, PhD

Foreword by **John Briere, PhD**

“Dr. Gil’s knowledge, talent, and relentless compassion for the abused child is evident....I find Dr. Gil’s work inspirational, practical, and theoretically sound....All professionals engaged with children impacted by any form of abuse and trauma must have this invaluable resource at their disposal.”

—*Child and Family Journal*



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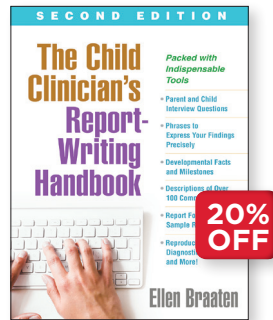
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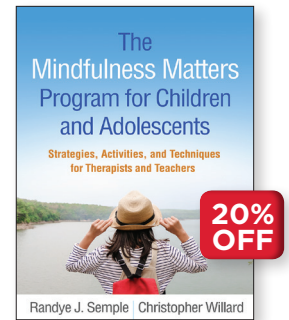
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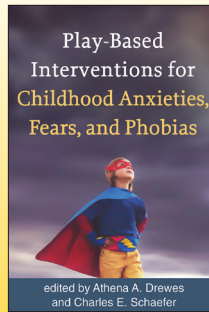
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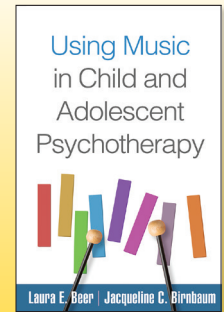
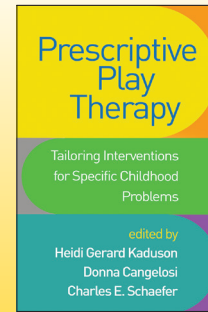
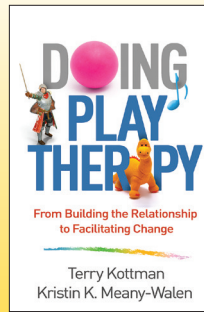
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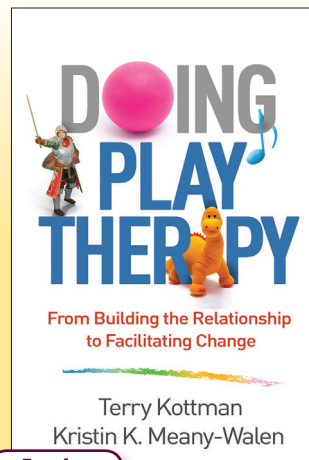
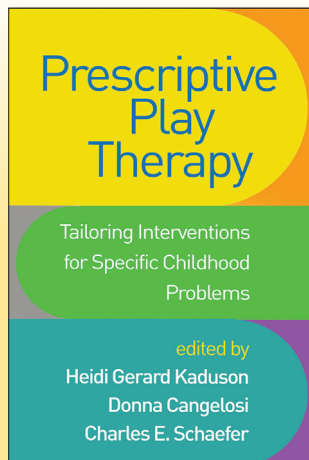
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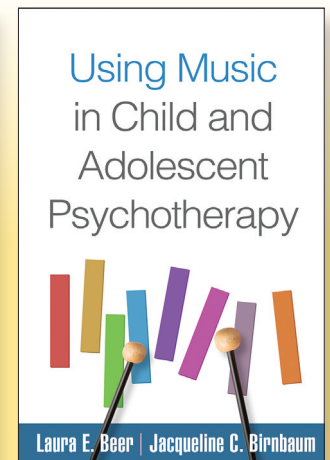
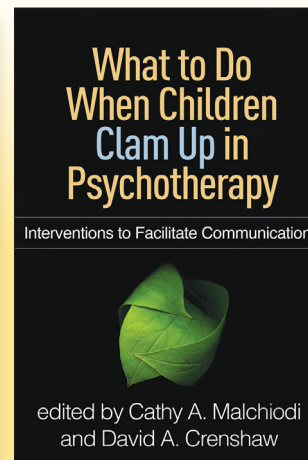
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