

Sent: August 19, 2019 1:49 PM
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Subject: CAPT August 2019 E-newsletter

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2019 Play Therapy Continuing Education



Using Sandtray in Play Therapy
September 20 - 22, 2019
St. John's, Newfoundland
Theresa Fraser
CYC-P, CPT-S, RP, MA , RCT

Treating Anxiety Using Family Play Therapy
September 27-29, 2019
Edmonton, Alberta
Irena Razanas
MSW, RSW, CPT-S, RPT-S



Advanced Family Interventions in Play Therapy
November 15-17, 2019
Ottawa, Ontario
Greg Lubimiv
MSW, CPT-S



[Click here for details and registration](#)

6 Contact Hours per day

Be sure to equip your office with the new CAPT Play Therapy brochures !

Why PLAY?

Play is essential to human growth, development, learning, and cultivating relationships.

Play is a natural process that:

- Builds trust and mastery
- Fosters learning and acceptable behaviours
- Regulates emotions
- Reduces anxieties
- Promotes creative thinking and problem-solving
- Encourages open communication
- Elevates spirit and self-esteem.

Play is our first language. Just as adults use words to communicate, children use play. When playing, we express thoughts and feelings that might otherwise remain hidden.

"It is not the number of Play Therapy techniques that you know, but the love and caring that you show"
Dr. Evangelina Munoz Ph D, C Psych, RPT-S

Why PLAY THERAPY?

"Play Therapy involves the tools to play and the relational witness to our journey."
Theresa Frazer CCW, CYC-R, M.A., CPT-S, R.P

Play Therapy is a powerful tool for addressing cognitive, behavioural, and emotional challenges. Regulated professionals therapeutically use play to help clients better process their experiences and develop more effective strategies for managing their worlds. Mental health agencies, schools, hospitals and practitioners use Play Therapy as a primary intervention or as supportive therapy for:

- Behavioural issues caused by bullying, grief and loss, divorce and abandonment, physical and sexual abuse, and crisis and trauma.
- Mental health disorders, such as anxiety, depression, attention deficit/hyperactivity (ADHD), autism spectrum disorders, academic and social impairment, physical and learning disabilities, and conduct disorders.

Research suggests Play Therapy is an effective mental health approach, regardless of age, gender, or the nature of the problem, and works best when a parent, family member, or caretaker is actively involved in the treatment process.

Why PLAY THERAPISTS?

To become a Certified Play Therapist you must hold a Master's Degree in an appropriate mental health discipline or have full membership in a regulatory professional body that governs psychotherapists. Play therapists have obtained considerable general clinical experience and supervision. Examples include professional counselors, psychologists, marriage and family therapists, clinical social workers, school counselors, psychiatric nurses, etc.

Certified Play Therapist (CPT) and Certified Play Therapist-Supervisor (CPT-S) are regulated professionals who have additionally obtained specific play therapy education, training, and supervised experience.

"Play is the natural process all children use to be able to safely experience and explore their world to learn, develop, and achieve their milestones. What better match than for a clinician to have the knowledge of how to safely enter that world and assist the child to utilize play to grow, develop and heal. That is what trained Play Therapists bring to the field. That is "Why Play Therapists."
Greg Lubin MSW, CPT-S

Why PLAY THERAPY?

To order [click here](#).

**The Maritime Play Therapy Centre
Presents
Supervisor Renewal Course
for Members of the
Canadian Association for Play Therapists**

CAPT Certified Play Therapist Supervisors (CPT-S) are required to participate in six hours of Supervision specific Continuing Education training every three years in order to maintain their CPT-S status. This online course is available when you have time to access the course material.

Instructor

Theresa Fraser CYC-P, RP, MA, NSCT, CPT-S has taught the Supervisor Training Course for CAPT for over 5 years. In 2019 she will co-facilitate a Supervisor course in Australia. She co-facilitated Supervisor Training workshops for association conferences including the Ontario Association for Child and Youth Care as well as the Michigan Association for Play Therapy. Theresa brings her experience as a Curriculum and Program Review Consultant to her creation of online training opportunities for CAPT members.

Outline

This six hour course taught at a Masters Level will address the following learning outcomes:

- Review CAPT Supervision Certification Standards.
- Examine personal Play Therapy supervisor competencies.
- Review supervision models utilized in Play Therapy group and individual supervision.
- Critique supervision books that can be used as a resource in Play Therapy supervision.
- Discuss playful activities that can be utilized in Play Therapy supervision.
- Identify professional Play Therapy Supervisor goals for the next three years.

Instructional Methods in this online course used include:

Powerpoint, peer reviewed journal articles review 25% , interaction via online discussion 25 %, self study via evaluations (book study, self reflection, individual goal setting) 50%

Participants can withdraw from the course prior to first log on to the learning management system. Upon course completed (attendance and participation) they will receive a certificate that indicates this is a Non-Contact, online course.”

Participants are required to complete evaluations (book report, self evaluation, discussion postings).

Please go to www.maritimeplaytherapycentre.com to register for this course. Course cost is \$179. for 6 continuing education hours.



Call for a Volunteer for the CAPT Marketing Committee

This is a call for a volunteer who would be interested in working with the CAPT Marketing, Communications and Public Relations Committee with the specific role of managing our Twitter and Linked In accounts.

If you have an ability in this area, a love for play therapy and an interest in social media, please contact Donna Starling at donnastarling@wightman.ca.

Thank you very much.

[Text Link](#)

Happy Playing!

Sincerely,



Elizabeth A. Sharpe CAE
Executive Director
CAPT

STAY CONNECTED:



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6V8 Canada

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