

**Sent:** May 22, 2020 12:53 PM  
**To:** kip@cacpt.com  
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**CAPT Foundation Play Therapy Training in Summer 2020  
On-Line, Live Instructor Lead Training  
July 6 - August 14, 2020 Weekdays 9:00 a.m. to 3:30  
p.m.**

**The Canadian Association for Play Therapy (CAPT) has gone on-line! Nothing has changed! This well known and acclaimed, live, instructor lead training will take place at the same time and dates previously**

**advertised. CAPT's on-line training to date has been highly rated in terms of excellence, presentation and content.**

**The Canadian Association for Play Therapy (CAPT) Foundation Play Therapy Training offers individual days of unique training in the theory and practice of play therapy. Students can complete the 180 hours of continuing education credits at a pace and time that they choose. The 180 hours are one of the steps needed to [become a Certified Play Therapist](#).**

**The program instructors are nationally and internationally renowned in their field of expertise, dedicated professionals in mental health practices for children and families. They bring their unique instruction on this efficacy based practices of play therapy on a wide variety of topics.**

#### **Play Therapy Theory and Approaches**

DATE	COURSE	DATE	COURSE
July 6, 2020	Introduction to Play Therapy	July 13, 2020	Understanding Traumatized Children and Applying Play Therapy Tools in the Treatment of Trauma in Children
July 7, 2020	Play Therapy History and Models	July 14, 2020	Essentials of Ethical Practice
July 8, 2020	Play Therapy Process	July 15, 2020	Assessment & Treatment Planning
July 9 & 10, 2020	Non-Directive Play Therapy	July 16, 2020	Family Play Therapy
		July 17, 2020	Group Play Therapy

## Play Therapy Techniques

DATE	COURSE	DATE	COURSE
July 20 & 21, 2020	Sandtray	July 27, 2020	Filial Therapy
July 22 & 23, 2020	Treating Disruptive Behaviour Problems	July 28, 2020	Attachment Theory and Therapy
July 24, 2020	Puppetry	July 29, 2020	Theraplay
		July 30, 2020	Brain Research and Child Development
		July 31, 2020	Storytelling

## Play Therapy in Special Populations

DATE	COURSE	DATE	COURSE
August 3 & 4, 2020	Play Therapy with Abused Children	August 10 and 11, 2020	Play Therapy for Children and Families - Coping with Loss
August 5, 2020	Treating Trauma	August 12, 2020	Play Therapy with Adults
August 6, 2020	Understanding and Treating Anxious Children Using Play Therapy	August 13, 2020	Art In Play Therapy
August 7, 2020	Case Application	August 14, 2020	Vicarious Trauma and Self-Care

For more information and to register [Click Here](#).

### Questions?

Contact CAPTs National Program Coordinator,  
Elizabeth Sharpe [Elizabeth@cacpt.com](mailto:Elizabeth@cacpt.com)



**2020 AGM On-line!**

**Please Join Us!**

**Friday, May 29,  
2020  
6:00 p.m. Eastern  
time**

**BRING YOUR OWN REFRESHMENTS!**

**This is your opportunity to meet with us face to face and learn about how you can become involved in your association! Your association leaders will be there to answer your questions!**

**Although we're not in person this year, we can still celebrate the great accomplishments of your association in 2019!**

**To Register [Click Here](#)**

**LEARN INNOVATIVE TECHNIQUES FOR WORKING WITH CHILDREN AND  
FAMILIES  
4 Must-See Webinars!**



[Go to website](#)

## Tips and Techniques for Online Therapy with Children - Recorded Webinar

Watch the training that has helped hundreds of therapists work more effectively with kids and has a 4.75/5 Star average review!

Webinar recorded on May 12, now available for purchase: <https://bit.ly/3g6vwZy>

**Cost:**

\$59 by May 31, regular: \$69

**Learning objectives:**

- Describe key guidelines for conducting an online intake meeting with caregivers
- Implement creative online-friendly techniques to build therapeutic rapport with children
- Utilize a variety of online-friendly interventions to assess children and to help them express feelings and learn effective coping strategies

## Creative CBT Interventions for Children with Anxiety

**Live webinar broadcast:** June 11, 9:30-12:40 and June 12, 9:30-12:40 EST

**Cost:** \$99 by May 25, regular fee: \$149

**Info and registration:** Core Wellness: <https://bit.ly/2ZqoDvY>

**Recorded version:** Purchase now, get link to watch after the event:

<https://bit.ly/2zfaE1r>

### **Learning Objectives**

- Describe the special challenges of utilizing CBT with children
- Articulate the benefits of integrating playful interventions in CBT with children
- Apply at least two interventions to assess anxiety in children
- Describe methods for fostering treatment readiness in anxious children
- Implement at least 5 new play-based interventions to treat anxiety in children
- List the steps for implementing an exposure plan to help children manage anxiety

## **Wanna Come Out and Play? The Creative Use of Games, Stories, and Art with Children and Teens**

**Live webinar broadcast:** June 22, 2020 9:30 - 12:40 PM EST

**Cost:** \$75 by May 31, regular fee: \$99

**Info and registration:** Core Wellness: <https://bit.ly/3edeKpZ>

**Recorded version:** Purchase now, get link to watch after the event:

<https://bit.ly/2XatbEi>

### **Learning Objectives:**

- Identify 3 guidelines for selecting therapeutic activities
- Implement at least 6 new play and expressive arts techniques with children and teens
- Describe key processing skills to deepen therapeutic work

## **Creative Family Therapy Techniques**

**Live webinar broadcast:** August 19, 2020, 9:30-12:40 EST

**Cost:** \$75 by May 31, regular fee: \$99

**Info and registration:** Core Wellness: <https://bit.ly/2X97bJO>

**Recorded version:** Purchase now, get link to watch after the event:

<https://bit.ly/2TjwYhg>

### **Learning Objectives:**

- List three benefits to using creative, play-based techniques in family therapy
- Describe two common challenges in family therapy and identify strategies to overcome these challenges

- Utilize at least 6 creative techniques in therapy sessions with families

Happy Playing!

Sincerely,



Elizabeth A. Sharpe CAE  
Executive Director  
CAPT

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