

**Canadian Association for Play Therapy (CAPT)
Annual General Meeting 2020
Virtual ZOOM Meeting
May 29, 2020 6-8 pm (EST)**

1) Official Opening Remarks

Theresa welcomed everyone to the Annual General Meeting and confirmed there was quorum.

Highlighted the mission and vision statement: CAPT believes in the value of play therapy and its contribution to an individuals' mental, emotional, social, and psychological wellbeing. The Association believes in advancing and promoting the understanding and value of play therapy, high standards of professional and ethical practice, and advocating for our membership. The Association maintains a strong, professional organization and promotes professional training and current research in play therapy.

Core values include: Connections/Outreach; Growth and Advocacy; Inclusion and Respect; Education, Ethics, and Professionalism.

Theresa thanked everyone for joining this year's AGM and contributions to CAPT, with a special thank-you to Kip and Elizabeth for extending their contract during this unprecedented time due to the Covid-19 pandemic.

2) Approval of the Draft Agenda

Moved by Jocelyn Nand.

Seconded by Liz Christie.

Motion "To accept the approval of the draft AGM 2020 agenda." Motion Carried

3) Approval of the AGM Minutes 2019

Moved by Margot Sippel.

Seconded by Maya Sloan.

Motion "To accept the 2019 AGM minutes"

Motion Carried

4) President's Report

Please see CAPT Annual Report. Theresa acknowledged that CAPT has had a busy year. The online Relational Therapeutic Play Certificate was created, which has over forty participants, and provided increased revenue for CAPT. Elizabeth highlighted that Theresa developed the Relational Therapeutic Play program in her own company, and Theresa wanted CAPT to have the benefit of offering the program as well. She gave this program to CAPT as another area of professional development growth and to help with the financial situation of CAPT as an increased source of revenue. A special thank you to Theresa for this. With this online offering and amazing instructors, we can continue to be more stable. It was noted that CAPT is its membership, and members need to be involved to keep the organization thriving.

5) Treasurer's Report

Please see CAPT Finance Annual Report. Elizabeth updated on the Treasurer's Report in Helena's absence. Helena is the Treasurer and reports every two months to the Board. Financial statements come in every week. There is a bookkeeper, who is a separately hired individual/company. At the end of 2019, it was noted that CAPT revenue increased by \$53000. Elizabeth thanked everyone and acknowledged the support from the Board.

If anyone would like a copy of the financial report, please send Elizabeth an email and she will send a copy of the full financial report to you.

Moved by Laura Jeane.

Seconded by Brett Gatt.

Motion "To accept the year end 2019 CAPT financial report."

Motion Carried.

6) Executive Directors Report

Please see CAPT Executive Director's Annual Report. Highlighted the trainings that continue to be offered, but in a more cost-effective manner to ensure viability. Kip and Elizabeth will be retiring and there will be a new management company. Elizabeth highlighted the importance of keeping the roots of CAPT, and acknowledged Betty Bedard Bidwell at the AGM who was part of the passion behind starting CAPT.

7) Committee Report Highlights

Certification Committee – Chair was Don Chafe (absent). Report by Don has been circulated. Theresa acknowledged and congratulated the new certified play therapists and play therapist supervisors in Canada for 2019. Don has moved on to becoming the Registrar for CAPT, and CAPT will be looking for more members for the certification committee.

Education Committee – Chair Stephanie Anderson. Report by Margot Sippel has been circulated. Stephanie updated on the work being done on this committee. Theresa thanked everyone on the committee to ensuring meeting the needs of learners.

Membership Committee – Chair Maya Sloan. Report by Maya has been circulated. Maya updated on the work being done on this committee. Two CAPT members agreed to volunteer on this committee, and the committee is exploring membership benefits.

Publications and Communications Committee – Chair Lorie Walton (absent). Report by Lorie has been circulated. Elizabeth updated that she and Lori manage the website, playground magazine, e-newsletter 'Play On News', and Facebook page. There is a new Editor needed. Elizabeth also highlighted that advertising is available for the Playground Magazine, which costs approximately \$7000 per year to publish. Website design is quite costly.

Approved Provider Committee – Chair Tina Katsikeros. Report by Tina has been circulated. Tina acknowledged that Kimberley Blackmore has put a tremendous amount of administrative work, with increased volume of applications during Covid-19.

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Marketing, Communications and Public Relations Committee – Chair Donna Starling.

Report by Donna has been circulated. Donna encouraged people with professional connections to come forth to help promote marketing. Goal is to establish a consistent marketing approach. Donna thanked everyone who ordered the play therapy apparel and totes, and there may be another campaign in the future. There has been discussion and planning around conducting interviews with three amazing play therapists: Nancy Riedel Bowers, Evangeline Munns and Greg Lumbiv – as play therapy gurus in Canada - to capture their knowledge and practice wisdom.

Research Committee – Chair Nancy Riedel Bowers. Report by Nancy has been circulated. Nancy highlighted the research award of \$500 annually. This was awarded to Ryan McLeod last year who has had to postpone his work until the Fall 2020 due to the Covid-19 pandemic. Nancy alluded to the importance of promotion of research in the Playground Magazine.

Theresa thanked everyone for all of their dedicated work on the committees.

8) New Business

Approval of the 2020-21 Slate for Board of Directors: Melanie Charlebois, Lori Wareham-Mulrooney, Stephanie Anderson, Donna Starling, Tina Katsikeros, Krysteli Needham, Helena Kogas, Jocelyn Nand, Brett Gatt, Kenda Riggs, Elizabeth Christie, Maya Sloan, Hannah Sun-Reid, Theresa Fraser

Moved by Betty Bedard Bidwell.

Seconded by Liana Lowenstein.

Motion “To accept the 2020-2021 Slate for Board of Directors”. Motion Carried.

9) Newly Appointed Certifications 2019

Congratulations to everyone who are newly certified play therapists and those who have attained play therapy supervisor credentials! Twelve people attended the most recent training program working towards CPT-S.

10) Awards

The Monica Herbert Award is a prestigious award that was inspired by the courage, devotion, hard work, and commitment to helping children as demonstrated by Monica. Sadly, on July 5, 2019, Monica passed away. She was a loving wife and mother of two sons and a daughter, used her skills to help many children, and showed an interest in working with autism.

To receive this Award, the recipient must have made a significant impact and exceptional contribution to play therapy through dedication, competence, and exceptional performance in one of the following areas: outstanding clinical work using play therapy, research related to play therapy through a book, article, or paper, community and committee work, or exceptional contributions to the lives of children.

This years Award recipient has been a member of CAPT for many years, as an Instructor, Play Therapy Supervisor, and member of the Education Committee. She always supports and helps members in any way she can to improve their CAPT experience to meet their goals and dreams.

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As a registered psychotherapist and registered art therapist, she is certified as a play therapy supervisor through CAPT and has been using art therapy in a variety of settings for decades. She is a regular instructor in our CAPT program and has also taught CAPT certificates. Her teaching and facilitation style is described by students as down to earth and practical, as well as has been integrated into new styles of teaching most recently with teleplay online. During her 35 years of teaching and supervising at the School of Health Services and Human Services at Fanshawe College in London, she frequently organized and led field placements in central America and interprofessional teams using play and art therapy. She further has conducted investigations into perceptions of healthy lifestyles among Costa Rican children, and she has further used her knowledge as a Jungian analyst to examine early cave paintings in France. Upon retiring, she became the first female professor at Fanshawe College, maintains a private practice, and has performed as an art therapist of a psychiatric unit in Goderich, Ontario. She has co-authored the first Canadian textbook in play therapy, *Hand in Hand: A Practical Application of Art and Play Therapy*.

It is a privilege to proudly present the Monica Herbert Award this year to the amazing, Margot Sippel. Congratulations Margot!

11) Break Out Rooms

Participants were separated into virtual small group rooms and asked to think about play therapy this past year – and to demonstrate via artwork something that has made them feel excited or invigorated – and to share this together with their small group by drawing what that looks like. The small groups then shared with the larger group of AGM participants.

12) Adjournment

On behalf of the Board of Directors and CAPT, Theresa reiterated a deep appreciation to Kip and Elizabeth for staying on as a Management Company for CAPT during this Covid-19 pandemic.

Theresa thanked everyone for attending the AGM, and their dedication to CAPT.

Moved by Liz Christie.

Seconded by Wendy.

Motion "To adjourn the AGM 2020".

Motion Carried.

Respectfully Submitted by:
Kenda Riggs, MSW, RSW