



## Upcoming Trainings

**August 9-20** - CAPT Foundation training continues- [click here for more information](#)

**September 24 & 25** - Training - Courageous Conversations in Play Therapy - Understanding the Importance of Diversity and Equity within Clinical Practice with Children and Adults in Play Therapy - [click here for more information](#)

**October 23** - Training - Mobile Play Therapy: Techniques for Providing Play Therapy in Alternative Settings - [click here for more information](#)

**November 13 & 14** - Playing with Gender in the Play Therapy Space or Supporting Gender Inquiry in Play Therapy - [click here for more information](#)

## CAPT Playground Magazine

The Spring/Summer 2021 issue of Playground Magazine is chock full of articles to help you in your work. All past issues of Playground Magazine are [available online](#). Why not browse through them this summer. In the meantime, here are a couple of articles from the current issue of Playground Magazine you might find interesting.

### Using Mindfulness in Telehealth

Mindfulness can be done anywhere and at any time. It engages all ages and abilities. When shifting to telehealth and the increased awareness and demand for mindful teachings, it became apparent that this practice truly is transferable. [Read the full article on page 4 here](#)

### Transitioning to Teleplay: Personal Accounts on Exploring Resilience in the Face of a Pandemic

Beginning in March 2020, the world experienced the disruption of the Covid-19 pandemic. As therapists using play and art with our child, adolescent and family clients, we thought it was important to start a dialogue about the effects of the pandemic on our work. We recognized the significant value in sharing these personal accounts in real-time for purposes of historical documentation, knowledge dissemination, and future implications or play therapy. [Read the full article on page 8 here.](#)

The next Playground Magazine is scheduled for Fall 2021. If you are interested in advertising in the next issue please contact Tracy Blyth at [tracy@cacpt.com](mailto:tracy@cacpt.com).

**CAPT Foundation Play Therapy Training Online**

Due to Covid-19 all CAPT training will be delivered online with live instructor leads. Foundation Play Therapy Training continues this summer, with our final workshops scheduled for the following dates:

August 9-20 (Monday - Friday)

For details on dates, full training outlines and learning outcomes [please click here to access the CAPT website.](#)

## Upcoming Workshops



### Courageous Conversations in Play Therapy

This is a two-day course that introduces understanding the importance of diversity and equity within clinical practice with children and adults in play therapy.

- The course examines the impact of race, gender, and sex identity upon children and adults, and how those experiences can influence their emotional-social development and needs.
- Through awareness of the agents of socialization, participants will explore bias, microaggressions, and cognitive discourse that influence those individuals with multiple identities.
- The course will close with providing clinical implications and recommendations for work with clients

September 24 & 25, 2021

9:00 - 3:30 EST

[Click here for more details](#)

Please contact [kip@cacpt.com](mailto:kip@cacpt.com) to register for this event



### Mobile Play Therapy:

#### Techniques for Providing Play Therapy in Alternative Settings

This one-day course will teach Play Therapy practitioners how to provide Play Therapy in various settings, including schools, homes, and other locations outside the traditional office space. Considerations such as coordinating with professionals in different settings, ethical issues, adapting Play Therapy techniques to different settings, how to select toys and prepare

your own mobile toy kit will be discussed.

October 23, 2021

9:00 - 3:30 EST

[Click here for more details](#)

Please contact [kip@cacpt.com](mailto:kip@cacpt.com) to register for this event



### Playing with Gender in the Play Therapy Space or Supporting Gender Inquiry in Play Therapy

This two-day certificate will engage participants in a journey of self-reflection investigating how their play therapy practice supports gender inquiry and curiosity for children, youth and families.

Participants will engage in a bias survey, hear from a trans adult about their service experiences, review their forms and spaces from the lens of inclusion and engage in play experiences that support gender discovery and identity. World Association for Trans Health standards will be reviewed and discussed in relation to applicability to the field of Play Therapy.

November 13 & 14, 2021

9:00 - 3:30 EST

[Click here for more details](#)

Please contact [kip@cacpt.com](mailto:kip@cacpt.com) to register for this event



AMERICAN PSYCHOLOGICAL ASSOCIATION

### American Psychological Association APA Journals in APA PsycArticles®

As part of your membership with CAPT, you have access to all the **International Journal to Play Therapy (IJPT)** for over 25 years. These articles are peer reviewed so they are the best of the best. Here are some of the latest and greatest. Enjoy.

**Online Access to APA journals:** If you are not a member of the American Psychological Association or do not have a current account with the APA, go to <https://my.apa.org> and click on "Create an Account" and enter the email address you used to sign up with CAPT as your user name and create a password.

The password will need to be 8-14 characters long, with a mix of letters, numbers or symbols. If you are a member of the American Psychological Association or if you already have an established login account with the APA, go to <https://my.apa.org> and login with your current user name and password. Once you're logged on, scroll down to the area designated as "Subscriptions."

Under Subscriptions scroll down to the section "Journals," where *your journal* is listed, then click on your journal to view it. From here you can view the citation and full text of any article published in the journal. Please note that you will be able to browse all of the journals in APA's PsycARTICLES database; however, you will have access to the full text of only those to which you subscribe.

Integration of play therapy in medical settings: Understanding the link between mental health and medical health.

Marshall, Lanicia; DeMarie, Darlene - 5/27/2021 - Volume 30, Issue 3

[Read More >>](#)

The effectiveness of sandplay therapy in treating generalized anxiety disorder patients with childhood trauma using magnetic resonance spectroscopy to examine choline level in the dorsolateral prefrontal cortex and centrum semiovale.

Foo, Mariana; Pratiwi, Anggun - 5/27/2021 - Volume 30, Issue 3

[Read More >>](#)

Adapting child-centered play therapy for children with type 1 diabetes.

Carroll, Nicole C. - 5/27/2021 - Volume 30, Issue 3

[Read More >>](#)

The effect of filial therapy on the interaction of deaf mothers with their hearing children.

Ashori, Mohammad; Karimnejad, Reyhane - 5/27/2021 - Volume 30, Issue 3

[Read More >>](#)

Theraplay as a family treatment for mother anxiety and child anxiety.

Smithee, Lauren C.; Krizova, Katarina; Guest, Jessie D.; Case Pease, Jenene - 5/27/2021 - Volume 30, Issue 3

[Read More >>](#)

**Contact us:**

**CAPT Head Office: 905 686 3372 [tracy@cacpt.com](mailto:tracy@cacpt.com)**

**Training Manager: 226 821 1056 [kip@cacpt.com](mailto:kip@cacpt.com)**

**Executive Director: 226 821 1056 [elizabeth@cacpt.com](mailto:elizabeth@cacpt.com)**